



Activities Week 2024

8th – 12th July

Activity Information
For Students & Families

Updated: 27/06/2024

June 2024

Dear Families

ACTIVITIES WEEK – Monday 8th – Friday 12th July 2024

Activities Week offers your child an opportunity to become involved in a wide range of activities. The activities on offer are educational and enjoyable and can provide new challenges and opportunities for your child to develop the skills gained during their time at Churchill Academy & Sixth Form. We encourage students to try something new for the first time and hope they will discover an interest that they will want to continue in their own time.

During Activities Week, students should be logging on to their Unifrog account to record the activities they have done and the skills that they have developed.

It is also important to stress that once the activity schedule for students has been finalised, no changes will be possible, either before or during the week. Students are expected to attend school on every day of Activities Week, as during any other school week.

Students are expected to behave to a high standard during all activities, on or off site. Students reported for misbehaviour may be excluded from taking part in any off-site activities, and no refund will be available.

The timings of the school day for Activities Week follow the normal school timetable. However, please note that some activities have different timings, particularly some activities taking place off site and of course will be subject to traffic and travel conditions. Please ensure that you are able to get your child to and from school on the longer days when they are unable to use their usual school transport. Students are not expected to wear uniform during this week, Students should, however, wear appropriate clothes for the activities they are attending. We also expect our students to maintain their usual smart appearance.

No expensive personal items are to be taken on activities away from the Academy and normal Academy rules apply to activities taking place in the school. The Academy accepts no responsibility for personal items, which your child chooses to bring along during the week.

Staff commitment to this week is high and a great deal of preparation has gone into the provision of what we hope will be a very exciting and rewarding week.

Thank you in advance for your support. Should you require any further clarification please contact me at the school, churchill@churchill-academy.org

Yours sincerely



GARAETH DAVIES
Assistant Headteacher, Culture Engagement and Participation

Please note:

Medical & Emergency Contact Information:

It is the parents' responsibility to keep the school informed when there are any changes in medical conditions, allergies or dietary requirements plus emergency contact information.

Medical information and contact information are taken from the school database and passed to the trip leader, please make sure that we have up to date information for your child.

8 th – 12 th July 2024	Activities Week.
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Summary of Activities – Monday 8th – Friday 12th July 2024

Monday	Cost (£)
Age of Mythology	Free
Airsoft – Bristol Activity Centre Yr 7	£35.00
Aqua Park	£46.00
Be a Journalist for a Day	Free
Board Game Bonanza Day – Yrs 7&8	Free
Bushcraft Activities	Free
Candle Making	£12.00
Chess Day	Free
Cream Tea & Strawberry Picking	£19.00
Day of Sports + Fencing	£2.50
Drayton Manor Theme Park – Year 9	£47.50
FIFA 24 & Football Activity – Years 7,8,9	Free
Got to Dance	Free
Horse Riding	£58.00
Knitting Day	Free
Movie Day & Sport – Harry Potter	Free
Ninja Warrior, Bristol	£30.00
The Wave	£52.50

Tuesday	Cost (£)
Age of Mythology	Free
Airsoft – Bristol Activity Centre Yr 8	£35.00
Aqua Park	£46.00
Bushcraft Activities	Free
Candle Making	£12.00
Clifton College - Activities	£35.00
Come Fly With Me	£7.00
Comic Masterclass	£20.00
Cream Tea & Strawberry Picking	£19.00
Day of Sports + Fencing	£2.50
Decoupage & Book Craft	£5.00
FIFA 24 & Football Activity – Years 7,8,9	Free
Got to Dance	Free
Green Team Environment Project	Free
Jewellery Making	£5.00
Magic & Circus Skills	£5.00
Movie Day & Sport – Marvel	Free
Paultons Park – Theme Park Years 7&8	£41.00
Photoshop Masterclass	Free
Splashdown Waterpark	£46.00

Wednesday	Cost (£)
Age of Mythology	Free
Airsoft – Bristol Activity Centre Yr 9	£35.00
Beauty Spa Day & Yoga	Free
Be a Journalist for a Day	Free
Board Game Bonanza Day – Yrs 7&8	Free
Bristol Zoo Project (formerly known as Wild Place)	£20.75
Bushcraft Activities	Free
Cadbury World	£34.00
Candle Making	£12.00
Chess	Free
Day of Sports + Fencing	£2.50
Embroidery & Textiles Day – Year 9	£5.00
FIFA 24 & Football Activity – Year 7	Free
Green Team Environment Project	Free
Harry Potter Studio Tour	£50.00
Horse Riding	£58.00
Mountain Biking & Pitch n Putt Golf, Ashton Court	£37.00
Movie Day & Sport – Star Wars	Free
Photoshop Masterclass	Free
Play in Two Days (Wednesday & Thursday)	Free
Shepton Mallet Prison & Escape Room	£31.50
Spain for a Day	Free
The Wave	£52.50

Thursday	Cost (£)
Age of Mythology	Free
Beauty Spa Day & Yoga	Free
Candle Making	£12.00
Clifton College - Activities	£35.00
Come Fly With Me	£7.00
Day of Sports + Fencing	£2.50
DofE Year 9 Bronze	
FIFA 24 & Football Activity – Year 8	Free
Golf Day - Mendip Springs - Years 7 & 8	£36.50
Got to Dance	Free
Haynes Motor Museum & Go Karting	£43.00
Movie Day & Sport - Disney	Free
Paignton Zoo	£38.00
Paintballing – Bristol Activity Centre	£35.00
Play in Two Days (Wednesday & Thursday)	Free
Tree Tops High Ropes, Ashton Court - Adventure Bristol	£35.25
Splashdown Waterpark	£46.00

Friday	Cost (£)
Age of Mythology	Free
Aqua Park	£46.00
Beauty Spa Day & Yoga	Free
Climbing - Bloc, Bristol	£41.00
Come Fly With Me	£7.00
Day of Sports + Fencing	£2.50
DofE Year 9 Bronze	
Embroidery & Textiles Day – Years 7/8	£5.00
FIFA 24 & Football Activity – Year 9	Free
Got to Dance	Free
Green Team Environment Project	Free
Horse Riding	£58.00
Movie Day & Sport – James Bond	Free
Ninja Warrior, Bristol	£30.00
Paintballing – Bristol Activity Centre	£35.00
Photoshop Masterclass	Free
Shepton Mallet Prison & Escape Room	£31.50
Skiing/Tobogganing/Frisbee Golf	£40.00
Spain for a Day	Free
Tree Tops High Ropes, Ashton Court - Adventure Bristol	£35.25

ACTIVITIES 2024

ACTIVITY: **AGE OF MYTHOLOGY - Computer Game** Group Leaders: Mr Gale / Mr Rolph

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free

In times gone by only the strongest most sophisticated societies survived. Master your civilisation, build your own village, collect resources and create armies. Compete against your friends to see who can make their settlement the best. Attack other settlements to come out on top! Defend your village and build the best monuments to bask in your glories.



Days running:
Monday
Tuesday
Wednesday
Thursday
Friday

Open to Years:
7,8,9

Meet: 08:35
Room: TU1
Finish time: 15:05

Unifrog competencies: Problem solving

ACTIVITY: **AIRSOFT – Bristol Activity Centre** Group Leader: Mrs Turner

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £35.00

The basic principle of Airsoft is simple, shoot the opposing team; if you hit them with a BB then they are out of the game.

No open toed footwear allowed, we recommend strong boots with ankle support as the ground is uneven. Wear loose fitting old clothing and bring waterproofs in case it rains.

You will need to bring a packed lunch, snacks and drinks in a rucksack.

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form, please go to student reception to find out further information.



Days running:
Monday Year 7,
Tuesday Year 8 &
Wednesday Year 9

Open to Years:
7,8,9

Meet: 08:35
Room: W3 (well)
Arrive back: 15:00

Unifrog competencies: Team work, listening

ACTIVITY: AQUAPARK (Bristol)

Group Leader: Ms Chadwick / Mr Buckley

Lunch arrangements: BBQ at Aquapark included, but you may want to bring some snacks & drinks as well.

Cost: £46.00

The West Country Water Park's 'AquaPark'.
The ultimate destination for aquatic fun and adventure, experiencing the water wonderland.
The park is jam-packed with exciting obstacles, slides and challenges.



Days running:
Monday, Tuesday & Friday

Q: What do I need to bring to enjoy the AquaPark?

Open to Years:
7,8,9

A: All the stuff you might need to enjoy the water.

You do not have to wear a wetsuit, it is optional, if you want to bring your own, that is fine. You will need shoes or flip-flops to walk around the park and if you need swimming goggles bring them too. A buoyancy aid will be provided and you will be required to watch a safety briefing video. All jewellery must be removed before you enter the AquaPark. You must be able to swim at least 25m unaided, and be confident in the water.

Meet: 08:30
Room: Stuart Well
Arrive back: 15:00

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form, please go to student reception to find out further information.

Unifrog competencies: Team work, listening

ACTIVITY: BE A JOURNALIST FOR A DAY

Group Leader: Mr Patel

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free

You will be writing up news stories and using the cameras to capture priceless pictures of the day. You will get to express your creative side and produce an impressive piece of journalism. You should bring in a digital camera from home if possible. Please bring the connecting cable or card reader that you normally use to upload pictures from your camera.



Days running:
Monday & Wednesday

A few school cameras are available but numbers are very limited.

Open to Years:
7,8,9

Meet: 08:35
Room: H5
Finish time: 15:05

Unifrog competencies: Creativity / innovation

ACTIVITY: **BEAUTY SPA DAY & YOGA**

Group Leaders: Mrs Turner / Mrs Davey / Ms Bones

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

It's time to relax after a few busy days!
Come and have a day of relaxation and pampering, to include: face masks, hair and makeup styling, nails and a one-hour yoga session.

Students are welcome to bring their own face masks and makeup. Nail varnish will be provided.



Days running:
Wednesday, Thursday
& Friday

Open to Years:
7,8,9

Meet: 08:35
Room: TU3
Finish time: 15:05

Unifrog competencies: Creativity /
innovation

ACTIVITY: **BOARD GAME BONANZA DAY**

Group Leader: Mrs Dibble

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free



Come and have some fun with board games,
no matter what your level is, it's guaranteed to
be a great day!

Some may be familiar, some may be new,
have lots of fun with your friends or this could
be a chance to meet some new friends.
Take the opportunity to expand your gaming
horizons and play some games with someone
on hand to help explain the rules.

Unifrog competencies:
Problem solving, teamwork

Days running:
Monday &
Wednesday

Open to Years:
7,8

Meet: 08:35
Room: Library
Finish time: 15:05

ACTIVITY: **BRISTOL ZOO PROJECT**
(formerly known as Wild Place)

Group Leader: Ms Chadwick

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £20.75

Get outdoors and discover the wildlife! Meet the animals that live at Bristol Zoo Project, look out for bear, cheetah, giraffe, lynx and so much more, and don't forget to visit the fascinating meerkats!

Day running:
Wednesday

Wear sensible shoes and be prepared for changeable weather conditions, bring a waterproof jacket, and if sunny bring a sun hat and sun block cream.



Open to Years:
7, 8 9

Unifrog competencies: Listening,
Teamwork

Meet: 08:35
Room: AD10
Arrive back: 15:05

ACTIVITY: **BUSHCRAFT ACTIVITIES**

Group Leader: Mrs Corke

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

Come and have a day in the great outdoors learning new bushcraft skills to include, shelter building, fire lighting, outdoor cooking, knife skills and more.



Days running:
Monday, Tuesday &
Wednesday

Wear sensible footwear, only closed toe shoes, and bring waterproofs should the weather come in wet.

Open to Years:
7,8,9

Unifrog competencies: Creativity / innovation
/Team building

Meet: 08:35
Room: W18
Finish time: 15:05

ACTIVITY: **CADBURY WORLD, Birmingham**

Group Leader/s: Miss Monard

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £34.00



Learn how your favourite confectionery is made and uncover the fascinating story of Cadbury chocolate. Cadbury World gives a unique experience that gives insight into the nation's favourite chocolate brand as you walk through the chocolatey zones and discover all there is to know about chocolate!

Day running:
Wednesday

Open to Years:
7,8,9

Coach leaves: 07:30

When visiting the 'Cadbury World Shop' it is recommended that you pay by card.

Arrive back at school:
17:30

Please be aware this trip leaves early and return will be approximately 17:30 traffic conditions permitting. You need to be able to arrange transport to and from school with your family.

Meet: Hive

Unifrog competencies: Teamwork, listening

ACTIVITY: **CANDLE MAKING**

Group Leaders: Mrs Watson / Miss Sorrell

Lunch arrangements: School dinner or packed lunch as usual.

Cost: £12.00



Learn the art of producing magnificent candles of different designs.

Bring a small empty jam jar without labels or an empty ramekin pot, which can be used to make a small container candle, an empty 1-litre juice tetra pack carton and a bag to take home candles made during the day. It is very important that you wear sensible footwear, only closed toe shoes, as you will be working in the Science Lab and wear old clothing.

Days running:
Monday, Tuesday,
Wednesday &
Thursday

Open to Years:
7,8,9

Meet: 08:35
Room: AD8
Finish time: 15:05

Unifrog competencies: Creativity /
innovation

ACTIVITY: **CHESS DAY**

Group Leader: Mr Skeen

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free

The first part of the day will be spent looking to improve your game. This will be followed by a chess tournament. Minimum requirement is that students know how pieces move and are prepared to be focussed for the day

Unifrog competencies:
Problem solving, teamwork



Days running:
Monday &
Wednesday

Open to Years:
7,8,9

Meet: 08:35
Room: W6
Finish time: 15:05

ACTIVITY: **CLIFTON COLLEGE - activities**

Group Leaders: Mrs Mantle / Mrs Putterill

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost £ 35.00

Want to take on new challenges and learn new teambuilding skills, then Clifton College activity centre is just the place. Clifton College have put together a super programme for Tuesday and Thursday.

Tuesday: arrival and briefing, problem solving, trebuchet and archery.

Thursday: arrival and briefing, sensory trail, tomahawk throwing and combat archery.

Wear comfortable clothing, sturdy footwear e.g. trainers, bring waterproofs, sun cream and sun hat.

Unifrog competencies: Listening, teamwork



Days running:
Tuesday &
Thursday

Open to Years:
7,8,9

Meet: 08:35
Room: Hive
Arrive back: 15:00

ACTIVITY: CLIMBING, BRISTOL – Bloc

Group Leader: Mrs Tucker

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £41.00

Want some challenging fun, then come and visit the Climbing arena at Bloc in Bristol where you will find a stunning series of climbing-based activities.



Day running: Friday

Open to Years: 7, 8, 9

Wear comfortable clothing and trainers. No heeled, open toed shoes or sandals.

Meet: 08:35
Room: W3 Well
Arrive back: 15:00

Unifrog competencies: Listening, Teamwork

ACTIVITY: COMIC ART MASTERCLASS

Group Leader: Ms Bessant

Lunch arrangements: School dinner or packed lunch as usual.

Cost: £20.00

Learn to illustrate like a pro in the comic workshop!

We are really pleased to welcome back Kev F Sutherland who has been writing and drawing comics for everyone from Beano to Marvel, Doctor Who to Dandy. Kev F Sutherland will teach you how easy it is to draw for comics and by the end of the session you will have a comic strip to take home, plus a caricature. Always a popular activity, so don't delay booking!



Day running: Tuesday

Open to Years: 7,8,9

Meet: 08:35
Room: W13
Finish time: 15:05

Unifrog competencies:
Creativity / innovation

ACTIVITY: COME FLY WITH ME

Group Leader: Mr Linnitt

Lunch arrangements: School dinner or packed lunch as usual.

Cost: £7.00

Design, build and test your own aircraft. You will be designing, building, testing and perfecting powered and unpowered gliders. You will have the chance to build two different designs, which you can take home. Your aim is to win the Churchill Air Race at the end of the day. There is a maximum of 20 places for this event, so sign up quickly and watch your aeronautical design skills really take off.



Days running: Tuesday, Thursday & Friday

Open to Years: 7,8

Meet: 08:35
Room: AD7
Finish time: 15:05

Unifrog competencies:
Creativity / innovation

ACTIVITY: **CREAM TEA & STRAWBERRY PICKING**

Group Leader: Mrs Coman

Lunch arrangements: Bring packed lunch and drink will be required.

Cost: £19.00

We will start the day by going out to Thurloxtton Fruit Growers to pick strawberries and then head back to school to start baking.

Days running:
Monday & Tuesday

We will be baking the perfect scones and learning how to create and set out a traditional cream tea, all ingredients will be provided; students must bring a container, preferably a biscuit tin for rigidity to take home the goodies. Apron will be provided.



Open to Years:
7,8,9

Meet: 08:35
Room: AD13
Finish time: 15:05

Students are required to wear a pair of trainers or boots for outdoors in case it is muddy in the strawberry field, and bring a spare pair of shoes for the food room, as we cannot have muddy footwear in this vicinity. You will also need to bring a raincoat and some money if you would like to buy an ice cream or drink. Don't forget your packed lunch!

Unifrog competencies:
Creativity / innovation, teamwork

ACTIVITY: **DAY OF SPORTS & FENCING**

Group Leader/s: PE Department

Lunch arrangements: School dinner or packed lunch as usual, bring plenty of drinks as well.

Cost: £2.50

Come and enjoy a day of Sport, there is loads on offer so we are in for a fantastic day! Fencing, Football Golf, Ultimate Frisbee, Badminton, Quick Cricket and more! Students need to wear sport clothes and trainers. Bring plenty of drinks and snacks for the day. Don't forget hat and sunscreen!



Days running:
Monday,
Tuesday,
Wednesday
Thursday &
Friday

Open to Years:
7,8,9

Unifrog competencies:
Teamwork, leadership



Meet: 08:35
Room: Sports
Hall
Finish time: 15:05

ACTIVITY: **DÉCOUPAGE & BOOK CRAFT**

Group Leader: Mr Downing

Lunch arrangements: School dinner or packed lunch as usual.

Cost: £5.00

Learn how to achieve stunning, personalised designs using decoupage techniques.

Decoupage involves cutting out pictures, gluing them to an object and then coating the object with PVC glue. The finished results look absolutely fabulous and very professional!



Day running: Tuesday

Please bring in old magazines of all types - celebrity, fashion, gardening etc. - and some objects in need of a revamp to decorate, like boxes, ceramics, plant pots, small table, picture frames, pen pots.



Open to Years: 7,8,9

Meet: 08:35am
Room: W13

Students should wear sensible clothing, as you will be working with PVC glue.

Finish time: 15:05

Unifrog competencies: Creativity / innovation

ACTIVITY: **DRAYTON MANOR THEME PARK - YEAR 9**

Group Leader: Mr Grimmatt

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £47.50

Drayton Manor thrill rides: stormforce 10, river rapids, thor, loki, accelerator, maelstrom, jormungandr, air race and so much more, all waiting for you to explore and enjoy!

Day running: Monday

Students need to wear trainers and appropriate clothes for a day outdoors. A light waterproof will be needed, in case of bad weather, sunscreen and sun hat. Students are advised to bring a light change of clothes in case they get wet on one of the rides. All students must bring a water bottle and sufficient food or money to make purchases during the day.

Open to Year: 9



Departs: 07:40

Please note, this trip leaves early and return will be approximately 19:00 traffic conditions permitting. Students need to be able to arrange transport to and from school and contact family to confirm collection time closer to Bristol.

Meet: Lancaster Well

Arrive back: 19:00

Unifrog competencies: Listening, teamwork

ACTIVITY: **EMBROIDERY & TEXTILES**

Group Leader: Ms Bessant

Lunch arrangements: School dinner or packed lunch as usual.

Cost £5.00

Come and join us for a day of Embroidery and Textiles. No need for any experience, absolute beginners are very welcome.

We will be working on a project, which you will finish on the day to take home.

Unifrog competencies: Creativity / innovation



Days running:
Wednesday &
Friday

Open to Years:
Year 9 Wednesday
Year 7 & 8 Friday

Meet: 08:35
Room: H15
Finish time: 15:05

ACTIVITY: **FIFA 24 & FOOTBALL ACTIVITY**

Group Leader: Mr O'Connor

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free

Fifa 24 Tournament computer game. This will be a world cup style tournament. A draw will be made at the start of each day to put all players into groups. Players can play each of their games as any team.

We also go out on the sports field to have a game of football, so don't forget your PE kit.

Unifrog competencies:
Problem solving, teamwork



Days running:
Monday – Years 7,8,9
Tuesday – Years 7,8,9
Wednesday – Year 7
Thursday – Year 8
Friday – Year 9

Meet: 08:35
Room: TU5
Finish time: 15:05

ACTIVITY: **GOLF DAY AT MENDIP SPRINGS**

Group Leader: Mr Cross

Lunch arrangements: Lunch included, but bring a snack and drink as well.

Cost: £36.50

Want to learn how to play golf or practice some skills you already have. Mendip Springs in Congresbury has put a great programme together which will include:

- A full swing lesson on the range.
- A chipping practice session.
- A putting session.
- Lunch at the Club House.
- In addition, to finish off the day – 9 holes on the Lakeside Course.



Days running:
Thursday

Open to Years:
7,8,9

Wear comfortable clothing and trainers.

Meet: 08:35
Room: H2
Arrive back: 15:00

Unifrog competencies: Listening,
Teamwork

ACTIVITY: **GOT TO DANCE**

Group Leader/s: Mrs Lippe / Miss Murphy

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free

A whole day of Dance where you can learn dance routines as well as create and develop your own. If you love dance, then this is the day for you!



Wear suitable dance/PE kit!

Unifrog competencies:
Creativity, teamwork

Days running:
Monday, Tuesday,
Thursday & Friday

Open to Years:
7,8,9

Meet: 08:35
Room: Dance Studio
H16
Finish time: 15:05

ACTIVITY: 'GREEN TEAM' ENVIRONMENTAL PROJECT

Group Leader: Mr Tivernan

Lunch arrangements: School dinner or packed lunch as usual

Cost: Free

Come and get involved with a project on the Academy site for the day. Environmental projects - making bat boxes, bird boxes, owl boxes, school benches or perhaps a gardening project, whatever it is you will be in for a fantastic day.

It is very important that you wear sensible, sturdy footwear, only closed toe shoes please as you will be in the Technology workshop as well as outside on the Academy site.

Unifrog competencies: Creativity, teamwork

Days running:
Tuesday,
Wednesday &
FridayOpen to Years:
7,8,9Meet: 08:35
Room: AD15
Finish time: 15:05**ACTIVITY: HAYNES MOTOR MUSEUM & GO KARTING**

Group Leader:

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £43.00

Haynes Motor Museum is UK's biggest exhibition of cars and motorbikes, see classic cars to stunning supercars of the modern day, and if that wasn't enough, your day includes Go Karting at Haynes, on the very same tarmac that Jenson Button practised on many years ago! This trip is going to be popular, so book early to avoid disappointment.

Wear comfortable shoes that you can walk around in all day, and bring waterproofs just in case it rains.

Unifrog competencies: Listening,
TeamworkDay running:
ThursdayOpen to Years:
7, 8 9Leaves: 08:35
Meet: Gym
Arrive back: 15:00

ACTIVITY: HARRY POTTER STUDIO TOUR

Group Leader: Mrs Gill

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day and do not forget a water bottle.

Cost: £50.00

A visit to the Warner Bros Studio where the Harry Potter films were made. A unique opportunity to explore soundstages, some of the original sets, animatronic creatures and breathe taking special effects. If time permits, a visit to the studio shop may be possible so you might wish to bring a small amount of money to spend. Please be aware this trip will return approximately 20:00 traffic conditions permitting. You need to be able to arrange transport to and from school and be able to contact family to confirm collection time closer to Bristol.



Day running: Wednesday

Open to Years: 7,8,9

Meet: 08:35
Meet: Lancaster Lounge
Arrival back: 20:00

Unifrog competencies: Listening, teamwork

ACTIVITY: HORSE RIDING – Urchinwood Manor

Group Leader: Mrs Marshall

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £58.00

Transport will be by minibus to an equestrian centre and we will return in time to catch school buses. Students should bring gloves, wear comfortable clothing with long sleeves and trousers, and bring waterproofs/sun cream as appropriate to the weather on the day. The centre will provide riding hats. Footwear should be shoes or boots with a small heel, e.g. walking boots or wellies, no trainers please.



Days running: Monday, Wednesday & Friday

Open to Years: 7,8,9

Unifrog competencies: Listening

Meet: 08:35am
Room: H2
Finish time: 15:05

ACTIVITY: JEWELLERY MAKING

Group Leader/s: Mrs Briffitt

Lunch arrangements: School dinner or packed lunch as usual.

Cost: £5.00

Unleash your creativity making jewellery for a day. It doesn't matter if you have made things before or if you want to learn a new skill – everyone is welcome to come and have a go! You might even find that it is something you would like to continue as a hobby making presents for friends and family.



Day running: Tuesday

Open to Years: 7,8,9

Unifrog competencies: Creativity, teamwork

Meet: 08:35
Room: W15
Finish time: 15:05

ACTIVITY: **KNITTING DAY**

Group Leader: Mrs Hudson / Mrs Thompson

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

Come and join us for a day of knitting. No need for any experience, absolute beginners are very welcome. If you are already knitting, come along and learn some new skills or bring your own knitting with you.

Day running:
Monday

We will be working on a project, which you will finish on the day to take home.



Open to Years:
7,8,9

Unifrog competencies: Creativity / innovation

Meet: 08:35
Room: H4
Finish time: 15:05

ACTIVITY: **MAGIC & CIRCUS SKILLS**

Group Leaders: Mr Gale / Mr Skeen

Lunch arrangements: School dinner or packed lunch as usual.

Cost £5.00

Ever wanted to make something disappear and reappear in someone else's hand? How about reading someone's mind or predicting what card they will pick from a pack? Come along and have a fun day practising magic and circus skills.



Days running:
Tuesday

Open to Years:
7,8,9

Unifrog competencies: Creativity / innovation

Meet: 08:35
Room: W8
Finish time: 15:05

ACTIVITY: **MOUNTAIN BIKING & PITCH N PUTT GOLF**
Ashton Court, Bristol

Group Leader: Mr Redman

Lunch arrangements: Bring packed lunch, drinks & snacks to last you the day.

Cost £37.00

Come and have a fab time mountain biking based in Ashton Court Estate, Bristol with 'Pedal Progression'. Whatever your fitness or skill level trained qualified instructors are dedicated to helping you achieve your goals and have fun.



Day running:
Wednesday

Open to Years:
7,8,9

What's included:

- Mountain bike and helmet
- Safety briefing

If you want to bring your own helmet, please do so. Wear comfortable clothing and bring waterproofs. After this great activity it's onto the next – the pitch n' putt golf course!

Meet: 08:35
Room: W4
Arrive back: 15:00

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form; we also require your height and weight. Please go to student reception to find out further information.

Unifrog competencies: Listening, teamwork

ACTIVITY: **MOVIE DAY & SPORT (themed film)**

Group Leader: tbc on the day

Lunch arrangements: School dinner or packed lunch as usual.

Cost: Free



Days running:
Monday – HARRY POTTER
Tuesday – MARVEL
Wednesday – STAR WARS
Thursday – DISNEY
Friday – JAMES BOND

This activity will be split between a range of team building/sporting activities and a movie in the Academy Hall.

You could bring a cushion or pillow to make yourself more comfortable and wear casual clothing. Don't forget your PE kit!

Open to Years:
7,8,9

Meet 08:35
Room: Academy Hall
Finish time: 15:05

Please note: You can only choose this activity once throughout the week.

Unifrog competencies: Listening

ACTIVITY: **NINJA WARRIOR ADVENTURE PARK - Bristol** Group Leader: Mrs Howe/Mr Hildrew

Lunch arrangements: Warrior Buffet included, also bring sufficient snacks and drinks for the day.

Cost: £30.00

Ninja Warrior UK Bristol is inspired by ITV's hit programme Ninja Warrior UK! Test your Ninja skills while climbing, balancing and swinging across obstacles, plus the famous Warped Wall for you to conquer and the Mount Sasuke climbing tower and slide, are you ready for the challenge!



Days running:
Monday & Friday

Open to Years:
7,8,9

Wear something comfortable and suitable for sports activities; ensure you have removed all jewellery, hats/caps and loose objects to prevent loss. You must wear trainers on the fixed obstacle courses and it is advisable to wear gloves. The merchandise shop is cashless should you wish to purchase anything.

Meet: 08:35
Room: Hive
Arrival back: 15:00

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form, please go to student reception to find out further information.

Unifrog competencies: Team work, listening

ACTIVITY: **PAIGNTON ZOO**

Group Leader/s: Miss O'Malley

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost £ 38.00

With over 2,000 animals and countless amazing plants across 80 acres of beautiful, spacious grounds, you're in for a fantastic day at Paignton Zoo! All of the animals live in natural-themed exhibits and the Zoo is passionate about conserving their future and protecting them from extinction.



Day running:
Thursday

Open to Years:
7,8,9

Wear sensible shoes for walking around the zoo all day, and bring a waterproof coat in case of changeable weather. This trip will leave slightly earlier and return at approximately 17:40, so you will need to arrange transport requirements with your family.

Leaves: 08:30
Room: Stuart Well
Arrive back: 17:40

Unifrog competencies: Listening, teamwork

ACTIVITY: **PAINTBALLING – Bristol Activity Centre, Cribbs** Group Leader: Mr Hildrew/
Mrs Turner

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £35.00

BAC boasts a uniquely themed Paintball battlefield, with a variety of game maps carefully themed around a whole array of real military vehicles. You need sensible boots or shoes with preferably ankle support, tread for running around, and loose fitting old clothing.



Days running:
Thursday & Friday

Open to Years:
7,8,9

You will need to bring a packed lunch, snacks and drinks in a rucksack.

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form, please go to student reception to find out further information.

Meet: 08:35
Room: W3 Well
Arrive back: 15:00

Unifrog competencies: Team work, listening

ACTIVITY: **PAULTONS PARK – Theme Park, Southampton** Group Leader/s: Mrs James

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £41.00

Over 70 rides including amazing roller coasters, water rides, train rides, flat rides, drop tower rides and much more! You might want to pack a change of clothing if you get wet on one of the rides, don't forget a waterproof coat should the weather be changeable.



Day running:
Tuesday

Open to Years:
7,8

This trip will leave slightly earlier and return at approximately 19:00, so you will need to arrange transport requirements with your family.

Departs: 08:30
Meet: Stuart Well
Arrive back: 19:00

Unifrog competencies: Listening, teamwork

ACTIVITY: **PHOTOSHOP MASTERCLASS**

Group Leader: Miss Leach

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

This Photoshop masterclass is just for you if you want to learn photo editing, image adjustment techniques, how to change colour, balance, contrast, brighten photos, special effects and how to create professional quality designs and images, learning new skills to produce attractive photos every time.



Days running:
Tuesday, Wednesday
& Friday

Open to Years:
7,8,9

Meet: 08:35
Room: T23
Finish time: 15:05

Unifrog competencies: Creativity / innovation

ACTIVITY: **PLAY IN TWO DAYS**

Group Leader: Mrs Mantle

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

Do you love performing? Come and have a fun-filled two days by making new friends, developing new skills and working towards putting on a show. These two days will give you the chance to explore and develop your performance skills by using your imagination, vocal work, character development, musical theatre and putting together a devised show. To take part in this exciting activity you must book Wednesday and Thursday 'Play in Two Days'.



Two-day activity:
Wednesday &
Thursday

Open to Years:
7,8,9

Meet: 08:35
Room: H17
Finish time: 15:05

Unifrog competencies: Creativity / innovation

ACTIVITY: **SHEPTON MALLET PRISON & ESCAPE ROOM** Group Leader: Mrs Whiteley

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £31.50

Shepton Mallet Prison is the world's oldest prison; explore the historical elements from what life was like as a prisoner in 1625, offering a unique glimpse into the past you will be able to visit prison wings to the exercise yard.

Day running:
Wednesday &
Friday

'The Cell Escape' is a fully immersive, state-of-the-art escape room experience, where you get to do the time without the crime! Working as a team, you must work fast and work out how to escape the cell, every second counts.



Open to Years:
7, 8, 9

Unifrog competencies: Listening,
Teamwork

Meet: 08:35
Room: Stuart Well
Arrive back: 15:00

ACTIVITY: **SKIING / TOBOGGANING / FRISBEE GOLF**
Mendip Activity Centre, Sandford

Group Leader: Mr Skeen

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £40.00

Students require long trousers (no jeans), top with long sleeves and gloves. The activities will all be outdoors so please be prepared for rain and shine. If sunny then bring a hat and sun block. If wet, bring a waterproof jacket and trousers. Please bring gloves with you. You must bring your own packed lunch. To get to the Centre we will be walking for 15 minutes from school and through a farmer's field so please wear suitable footwear.



Day running:
Friday

Open to Years:
7,8,9

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form and we will require your height and shoe size. Please go to student reception to find out further information.

Meet: 08:35
Room: W6
Arrive back: 15:00

Unifrog competencies: Listening, teamwork

ACTIVITY: **'SPAIN FOR A DAY'**

Group Leader: Miss Marquez-Hernandez

Lunch arrangements: School dinner or packed lunch as usual.

Cost Free

Enjoy a day discovering Spanish language and cultural activities, we will learn about some of the Spanish festivals that happen during the year.

We will then be heading to the cooking rooms to create some authentic Spanish dishes to try!

Unifrog competencies: Creativity / innovation



Days running:
Wednesday & Friday

Open to Years:
7,8,9

Meet: 08:35
Room: L8
Finish time: 15:05

ACTIVITY: **SPLASHDOWN! QUAYWEST WATERPARK – Paignton** Group Leaders: Mrs Davey / Mr Grimmett

Lunch arrangements: Lunch provided – take snacks and drinks for during the day.

Cost: £46.00



Like being in water? Love Splashdown in Paignton! Where the outdoor pool offers lots of fun in the water – excitement and thrills on the water flumes and water slides. Devils Drop, The Screamer, Wild Kamikaze and Raging Rapids await you!

Don't forget your costume and towel!

Note – this trip will return to school approximately 17:10, so please make arrangements regarding transport with your family.

Unifrog competencies: Listening, teamwork

Days running:
Tuesday & Thursday

Open to Years:
7,8,9

Departs: 08:40
Meet: Lancaster Well
Arrive back: 17:10

ACTIVITY: **THE WAVE – South Gloucester**

Group Leaders: Miss James / Mrs Crocker

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £52.50

An inland surf destination.

The Wave is the ultimate surfing experience. 'Find your perfect wave'. Please bring swimwear to wear underneath the wetsuit (supplied), it is recommended that you wear swimwear that is not bulky and that does not have any large metal or plastic detailing, if you do have your own wetsuit you may bring this with you. Helmets will be provided by the centre. You do not need to wear goggles, but you are welcome to do so if you wish. Don't forget to bring a towel! Should you want to purchase anything from the café or shop it is a cashless system.



Days running:
Monday &
Wednesday

Open to Years:
7,8,9

Meet: 08:35
Room: S1
Arrive back: 15:00

Note: If you wish to take part in this activity, your family will need to sign a disclaimer form, please go to student reception to find out further information.

Unifrog competencies: Listening, teamwork

ACTIVITY: **TREE TOPS HIGH ROPES, ASHTON COURT**
Adventure Bristol

Group Leader/s: Mr Buckley/Mrs McKay

Lunch arrangements: Bring packed lunch and sufficient snacks and drinks for the day.

Cost: £35.25

If you love adventure, having fun and like a challenge then Tree Tops High Ropes course is for you. Located in the heart of Bristol's stunning Ashton Court Estate, you're bound to have a blast! Tree based bridges, walkways and exhilarating zip-lines – are you up to the challenge!



Days running:
Thursday & Friday

Open to Years: 7,8,9

Meet: 08:35

Room: H4

Arrive back: 15:00

We suggest that you wear something you don't mind getting grubby. Dress for the weather so bring along waterproofs in case it rains. Make sure you have correct footwear, which cannot fall off easily, protecting your toes, lace up trainers are a must. Please do not wear sandals, flip-flops, slip-off shoes. Long hair must be tied back.

Unifrog competencies: Listening, teamwork

